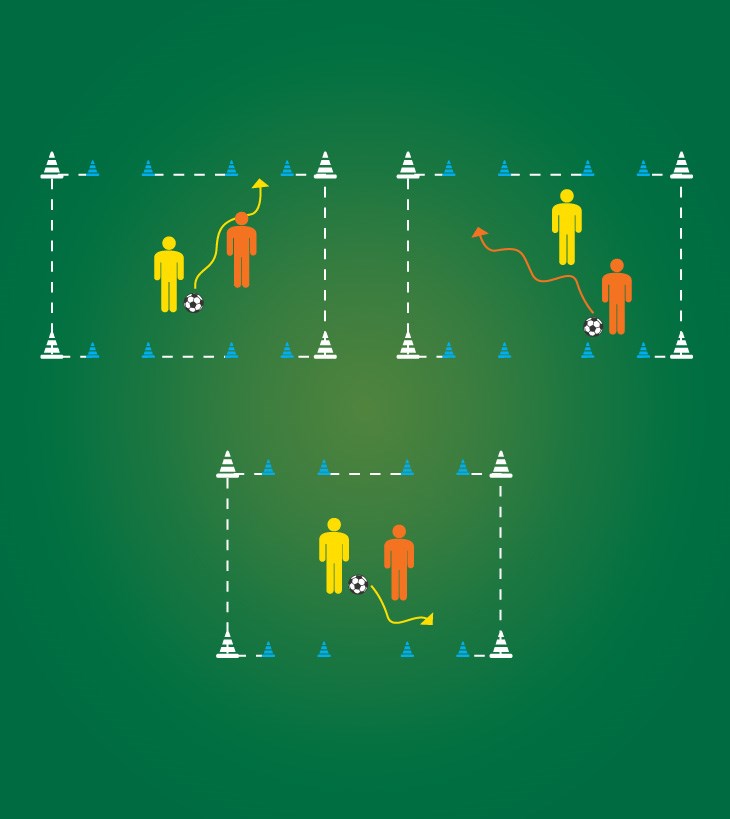
## Middle: 1v1 Mini Games (1)



Make three small areas about 10m wide × 7m-8m long (field is short and wide).

Two gates 2m wide placed on each byline, approximately 1m away from each corner marker.

Players play 1 v 1 on each mini-field and score by dribbling the ball through one of the gates.

Think of safety when setting up; avoid scenarios where players could dribble into each other by allowing buffer zones.

### Notes on this exercise

Keep rotating so opponents are changed regularly. Rotation also allows a period of rest, so control how long rotation takes depending on how fatigued the players seem. You could also give some brief hints to the whole group in order to give them a rest.