

# **St Ives Football Club**



# **Annual Report**

# **2018**



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## 1. Notice of Annual General Meeting

**7.30pm on Thursday 15<sup>th</sup> November, 2018**  
**at**  
**St Ives Football Club, Clubhouse, Warrimoo Oval.**

### **To All Members,**

The Annual General Meeting of St Ives FC will be held on Thursday 15<sup>th</sup> November at 7.30pm at the St Ives Football Club clubhouse at Warrimoo Oval.

The AGM will provide information on the 2018 season and will respond to any question's members may have regarding the season.

Club affairs are conducted in accordance with the model rules for incorporated associations under the Associations Incorporations Act, 2009.

Nomination forms for positions on the Committee of Management are available by submitting a nomination form for the Club Secretary 7 days prior to the meeting.

Items of Other Business that members wish to raise, must be put in writing to the Secretary a minimum of 7 days prior to the meeting.

## 2. COMMITTEE INFORMATION

### **St Ives Football Club Incorporated**

**ABN 77 513 749 291**

Executive Committee

Lyle Hudson – President

Penny Howell – Vice President

Emma Dyer - Secretary

Anne Erich - Treasurer

Nigel Lazarus – Registrar

General Committee Members – Damian Erich,

Age Coordinators - M35/45 - Nick Jones, U11s – Vanessa Strohkorb, U8 Girls – Allan Frydman ,Emma Dyer - U9s and U10s , U15s, U16's - Tracey Wallbridge, U12's Ann Wrightson, Rob Fry – Special Needs

Administration Officer (Feb, Mar) – David Howard



### 3. PRESIDENTS REPORT



#### On the Field

The committee over the last few years has focused on three main aspects of football

1. Development
2. Community Spirit
3. Fun

The results on the park this year in our junior competition teams and mini-roos is testament of the training and development coaches at the club have put into week day training and the increased usage of players to spring training and the commencement this year of preseason training.

This year on the field has been one of those years I would like to say we could repeat every year on the field.

Our competition teams would the following divisions

Under 12 Division 2, Division 4 and Division 7

Under 13 Division 2

Under 16 Division 2

Under 16 girls Division 3

Women's Division 3

Men's O35 Division 3 reserves

Men's All age 6 reserves

The following teams finished second in their division

Under 13 Division 4

Under 18 Division 2 and Division 3

Women's over 30's six a side

Men's All age 6 reserves

For the first time in many years the competition teams all played Semi finals and finals with 16 out of our 26 teams involved in Semi-finals. Of those teams' congratulations to the following teams winning their grand finals

U12C, 13A, 13B, 18X, 18C, MAA6R, WAA3 and G16A



Collection of this year's trophies and medals



## Facility Improvements

This last year saw our clubhouse be utilized for the wider community with ABC (Rake season 5), Lego (Bricks 4 kidz), Dancing (Applause Musical) and National Drone Institute, that have assisted in paying the rent to the council for our dedicated use. We also had other NSFA affiliates use our facilities. With this rental income our kitty continues to grow on our way to an artificial pitch.

On 6<sup>th</sup> September 2018 on our progression to an artificial pitch at Warrimoo (Same day we opened the clubhouse 5 years later) The State Government Asian Cup Grant we had a success with \$150,000 going towards the oval. We still have two other grant submissions in with State and Federal governments so hopefully this will be enough to get Warrimoo happening.



## Injuries and Insurance

A sad reality of playing sport is the risk of injury. This can occur at any age but is especially common in the adult age groups. Unfortunately, this year has been no exception and we have again seen our fair share of injuries.

Insurance coverage for players and officials is limited and we recommend that all players read the insurance coverage located on our website so you know what you are covered for. All players are covered under the FNSW Insurance scheme. There is certainly some cover for physiotherapy, ambulance costs, loss of income and some other benefits. However, Government legislation does not allow for out of pocket medical expenses to be covered. The pleasing news is that the vast majority of players make it through the season injury free.



## Health and Safety

The health and safety of our players is important and we join forces with NSFA and other associations to introduce a new initiative for the Charity match last February.

We also purchased two more defibrillator unit and distributed these to other NSFA clubs to make sure Cammeray and Mt Ku-ring-gai ovals had coverage when teams are playing. Below Damian Championing the campaign to raise funds.



## Registration Fees

The St Ives FC Committee works really hard to keep fees to a minimum, but the reality is the cost of playing football is on the rise. The cost for each age group varies and unlike many other clubs we try to ensure that the amount you pay represents the accurate costs associated with your age group. NSFA charge different team fees per age group and we add this to the club costs for each age group to come up with the true cost. Council field hire rates over the last few years have increased over 70% and again in July these increases will be reflected in the fees we set for 2019. The NSFA have also had a majority of clubs agree (St Ives not one of them) that for 2019 all players will pay a \$15 facility levy.

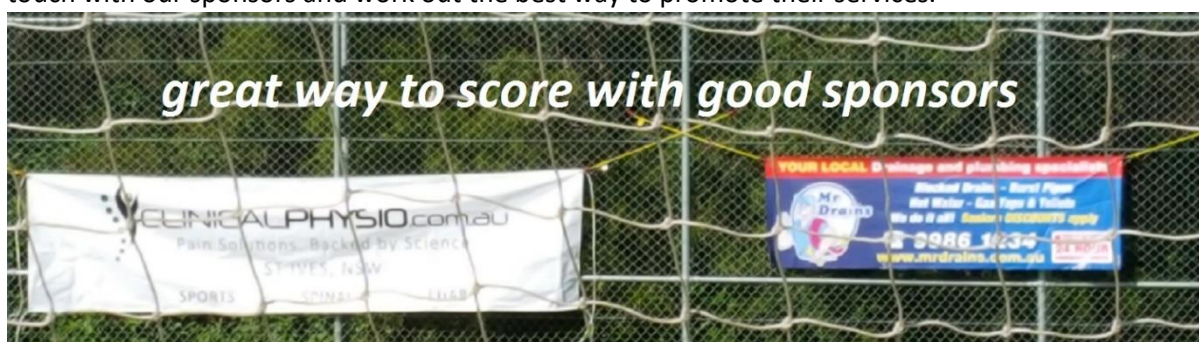
## Sponsorship

We are delighted to continue our Sponsorship from Fujitsu and Forrest Air and the continued sponsorship over the last three years of Clinical Physio. We were also very grateful for sponsorship monies we received from

Bendigo Bank – Turramurra and Lindfield

Oz Barber – St Ives

In 2019 we would dearly love to secure a Sponsorship and Publicity Officer who can help us keep in touch with our sponsors and work out the best way to promote their services.





### Holiday clinics

Once again, we have partnered with Johnny Ferraro to provide Holiday Clinics during the school breaks in January, April, July and September. The clinics are open to all children from age 5 – 12 and the average attendance was 40 players per clinic. Johnny and his team cater to all skill levels and there is no need for players to be registered with SIFC to attend. The smiles on the faces of all children who attend sums up how much fun they are having!

### Administration

In 2016 we employed David Howard as our Administrations Officer to help us keep on top of the growing workload that is needed to run a club with almost 900 members. In an ideal world all tasks would be performed by volunteers but we struggle to find enough volunteer helpers to fill the necessary positions. We have 12 positions on the Management Committee and were only able to fill 6 of these. The good news is that we were able to utilise David's expertise again in 2018 to help take the load off the Committee in the following areas –

U6s Age Coordinator January to March  
U6s and U7s Grading and team formation  
Grants and Special Projects  
Data Analysis  
Special Needs

I would like to thank all the Committee Members and Age Coordinators for their help this year. Without this small but dedicated team your children (or you!) would not have the opportunity to play football. We are often quick to receive complaints when things do not go the way people want them to but I do not think that many people understand the amount of hours the Committee puts in to run the club. For some of us it is at least 20 hours a week – all season and into the off season. If you would like to help make a difference by volunteering next year please do so. You will be welcomed with open arms.

**Lyle Hudson**  
**President**



## 4. SECRETARY'S REPORT

2018 not dissimilar to previous years has been another successful year for SIFC and has been managed again by a very small number of committee members.

I mentioned in the 2017 report that we had a working committee of just seven members – sadly our committee member numbers reduced again and we ran 2018 with six and then five committee volunteers.

In 2019 I am hanging up my “boots” which leaves another position to fill. Four committee members cannot manage the running of a thriving club.

Whilst this may sound to many like a stuck record and we are all busy .....we desperately need people to get on board and take on a committee role – more hands make like work and there is a role big or small, active or behind the scenes/ via email or computer – we can work around your schedule in most cases

So, as we look to reinvigorate committee numbers for 2019 please, please please consider jumping on-board and helping in any way you can.

A list of roles is shown on the website.

Thank you again from all the committee to our wonderful volunteers – our parent managers, coaches, and age co-ordinators many of whom take on the role year in year out, for your support we are grateful.

Emma Dyer

Secretary SIFC



**RUFATI TRIBUTE MATCH**





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## 5. COMMITTEE REPORTS

### Coaching

A club this size needs development and thanks to Javier for overseeing coaching across all our Junior competition teams and with the support of Paolo for our Mini Roos at Showground and Warrimoo we have seen improvement in two main goals, fun and skill level improvements while making sure we follow the FFA coaching curriculum. Javier work at the showground on Wednesday nights to assist our 12 - 16 year old teams took pressure off our volunteer coaches but also we saw a level on confidence in the coaching sessions these volunteer coaches ran.

The positive feedback from many Mini Roos volunteers on the efforts of Paolo has provided a strong stepping stone in skills to assist those players in the future years that may enter the CoDE program.

### CoDE Junior Development

For the 7th year, St Ives FC has engaged João Ferraro to run the Development Training for our U8s – U11s. Here is João's report.

The 2018 CoDE program was offered to two teams from age group U8 to U11. In total, the number of junior players involved in the development program was 84.

The club secured the use of the Warrimoo Oval for grading, which was held on the Sundays of the 11th and 18th of February 2017. All players U8-U11 were encouraged to attend the grading because the results of the grading were intended to assist not only with the selection of the development program teams, but also given an indication of the strengths (and assist with the selection) of the social teams as well. The on-field grading was coordinated by the SIFC Committee.

The program itself commenced on the 12th of March and ran for the duration of the season on Mondays and Wednesdays, finishing the week before Gala Day on the 15th August. As was the case in previous years, players accepting a position in the development program had to commit to all training sessions for their particular age-group. The cost of the program again included a ball and training shirt for the U8 to U11 age groups. In 2018 we had a new yellow CoDE training shirt.

All CoDE training sessions for U8-U11 were held at Warrimoo Oval. The condition of field was acceptable at the beginning of the season, but deteriorated in the middle of the field towards the end of the season.

There were 4 training sessions that were called off due to wet weather (grounds closed by Kuring-gai Council) and we ran one indoor session at the Warrimoo clubhouse, which were very beneficial to the players.

The coaching team continued to show their passion for the game and enthusiasm for junior development while maintaining the high level of coaching standards that the club has expected over the years. The players continued to respond well to our coaching team. Fortunately, we can celebrate this season we had less problems than previous years regarding to misbehaviour and negative attitude at training. My post-training and post-match chats were always honest and encouraging players to strive for their personal bests and to take what they learnt during their training sessions into their Saturday games. Regardless of the tone of these chats, 'high-fives' to BAF coaching staff were still mandatory before players could leave the field.



I've continued to attend at least two match-day games for each CoDE team during the season (actually I attended more than 4 games for most part of the CoDE teams this season) and encouraged parent coach feedback to the coaching staff so that training sessions could be modified to focus on particular areas of concern. Unfortunately, as with the previous seasons, feedback was not as forthcoming. This interaction between the development program staff and the volunteer parent coaches will need to be reviewed and improved for the 2019 season.



## Fundraising

### RUFATI TRIBUTE MATCH

In honour of Emin Rufati, St Ives and his former employer 3M played an Over 35/45's game at Charles Bean sporting field in February. Thanks to all those that attended the match and a special thankyou to all those people who made donations. We also held a raffle and guessing competition at the game. The score in the match was St Ives (0) - 3M (6), hopefully a win next year to St Ives.

We also for the first time had a gala day for O35 and O45 players on the same day. We had 12 teams play in our 8 aside games. Funds raised on the day, registrations, donations from players and 3M were over \$5,500 have gone towards the purchase of 2 defibrillator that went to North Sydney and Berowra clubs.



### Toolang canteen and BBQ



Our thanks go to all under 6 and 7 parents who once (some twice) a season volunteer to manage the canteen and BBQ each Saturday Morning at Toolang. Each week we have games at Toolang we make a profit of over \$160 each weekend. This may seem small but this all adds to keeping fees low.

### **Chilled to Moo-et**

100 tickets at \$25 each and all tickets sold prior to the draw. The tickets were drawn on gala day and All winner collected their winning

### **Gala day and Trophies**

The combination of having for the Second time U8-U11's playing Gala day at Warrimoo and Trophy presentations we had over 1300 people through Warrimoo selling over 75 dozen sausages, was again a successful fundraising event. Sausage sandwiches and drinks all combined for a successful Day at Warrimoo Oval. The committee worked overtime to make this day was a success for members.

Money raised over the Saturday was in excess of \$3500.

### **Australian Sports Fund - <https://asf.org.au/organisation/st-ives-football-club>**

For the third year we have a tax deductible fund raising account with the ASF for the SIFC to start raising monies for an Artificial Pitch at Warrimoo Oval and player health and safety.



## 6. AGE GROUP REPORTS

### Mini-Roos

#### Overview

This year we had 431 MiniRoos players across the U6 – U11s age group including two Girls Under 8s teams. The committee was fortunate enough to have assistance from Alan Frydman (G8s) and Vanessa Strohkorb (U11) who volunteered to become age coordinators for these groups. Unfortunately these were the only two MiniRoos age groups that we received assistance with in 2018, so the coordination was left to the Committee members. Given that our Committee is very small it really stretches our resources when we do not have assistance from within the ranks in each age group at the start of the year. Our thanks to the coaches and managers who assisted throughout the season. The teams cannot run without your dedication and support and I am sure all the players and parents are grateful for the roles you took on.

#### Girls U8

Alan Frydman did a wonderful job coordinating the two girls U8s teams. Many of the girls were new to football and we were delighted to fill not one but two Girls Under 8 teams – a first for our club. Alan also took on the role of coach for one of the teams. His hands-on participation was limited for a time when he was injured in spectacular fashion, breaking his leg while scoring a goal for his own M35 team. Sincere thanks to those who rallied around and assisted with the age group while Alan was recovering. By all reports the two teams had a thoroughly enjoyable season and will hopefully be back again next year.

#### Under 6s and U7s

There were 156 players across the U6s and U7s age group and 110 of these players were playing football for the first time. We do not grade the players individually for these two age groups, instead opting to allow players to learn with friends for the first two years. This option is not without challenges but it does allow players to get a feel for football with their friends. We were lucky to have David Howard on board again to run the team grading for these age groups. Watching 100 under 6 players take to the field for the first time on grading day remains a highlight of the season for me.

Unfortunately, we were unable to find an age coordinator from within the ranks for either age group so I took on the role as coordinator for U6s and U7s. I was grateful to receive assistance from our admin officer David Howard.

**Under 6s** was the clubs biggest age group with 100 players. Despite the size of the group it was thankfully a relatively easy group to organise. We managed to form players into 9 teams and all the players were enthusiastic. Player drop offs in this age group is a common issue all clubs face in the first half of the season as players often determine football is not for them. Thankfully dropout numbers were small this year so disruption to teams was minimal. We had many enthusiastic coaches and managers who assisted each team.

**Under 7s** was a smaller group of 56 players but proved to be a bigger challenge to organise into teams. There were quite a few conflicting requests which made forming teams to match everyone's expectations impossible. It is never our aim to guarantee placement in a team with all your friends and we do our best to ensure that all players requests are considered equally. At times it is a particularly impossible task to make everyone 100% happy and this was one of those years. Once



the teams were sorted the players soon settled into the swing of things and the season was reasonably smooth.

Our Coaching Director Javier and assistant Paolo were on hand to help teams and coaches learn the ropes each Wednesday. Many of the players also opted to join Javier on Tuesdays at Warrimoo to take advantage of the extra skills training we were offering to players in the U6 -U9s age group.

### Under 8s ,9s and 10s and U11s

Our policy is to grade players from U8s upwards and form teams based on skills, not friendship requests. Most other clubs are following along this line and we believe it really is in the best interest of players. It creates opportunities for new friendships to form while developing skills with players of similar skill level, regardless of level. Each player has a different expectation of what they will achieve during the season and we do our best to match players into teams that enhance their journey.

Teams are formed with ideal player numbers in mind. In under 8s and under 9s we aim for 10 players per team and under 10s and under 11s we aim for 12. Forming teams is always challenging and we are hampered by late registrations and players pulling out at the last minute. It is really difficult for the committee to manage the change of team compositions so we rely on teams working with us to boost numbers when needed. We appreciate the assistance of coaches, managers and team parents to help ensure the teams have enough players each week.

All MiniRoos teams (except CoDE development teams) trained on Wednesdays at St Ives Showground and were able to receive guidance from our Coaching Director Javier and his assistant Paolo. Javier was instrumental in finding coaches for teams that were unable to source their own.

Team numbers for the age group were as follows

U8s - 68 players – 7 teams

U9s – 59 players - 6 teams

U10 - 52 players - 5 teams

U11s - 78 players - 5 teams

I was particularly grateful to have Vanessa Strohkorb come on board as age coordinator for the U11s group. There were 78 players in this age group so it was never going to be an easy task especially as numbers fluctuated during and after the team formation process. Vanessa handled the role professionally and was always on hand to assist the teams as required.

Penny Howell  
MiniRoos Coordinator





## U12 Age Coordinator Report

“Wow, what a terrific year for the Under 12. There were 40 boys & 1 girl registered this year for this age group. A terrific bunch of players, coaches, managers and parents.

We represented the St Ives Football Club very well, with enthusiasm and sportsmanship on match day. You are all to be congratulated **with all Under 12 teams ending 2018 season as Premiers in their Division.**”

Ann Wrightson



## Special Needs Report

Season 2018 was another successful one for our Special Needs Program at St Ives

We had about 30 kids from 4-18yrs old with both the older and younger groups growing each year. It's always fantastic to have new Kids and families join and they have all developed very well through the season.

The Program would not be so successful without the Club's support and the support and help from all the families especially Joe Fearon (one of the dads) who has looked after the older group and they have improved out of site.

One of the high lights in the season was the annual Football4all Gala Day run by Football NSW, we had about 13 kids involved, we had a full team in the 9-a-side 15-20 age group and some of the younger kids joined with a Wagga Wagga team that was short to make a team. It was awesome to see the kids so excited playing together as a team and enjoying every second of it, fantastic day

Looking forward to another season in 2019

Cheers Rob Fry

S/N Football at St Ives Co-Ordinator



## WAA Report

The 2018 winter competition provided a great season for the Womens All Age team. This year we brought together a total of 18 ladies, which consisted of returning players as well as brand new members of the St Ives Football club. The winter weather didn't cease our players commitment to games and training, with the ladies often playing through the cold winds and torrential rain. Our division 3 team held strong throughout the year, gaining an impressive 47 points out of a possible 54. This was an outstanding achievement especially considering we had no dedicated goal keeper. As the weeks went on, stronger bonds were made between players, the coach and our well-regarded sideline cheer squad. Each week the team's support grew, which brought encouragement and empowerment to each of the WAA members. It was apparent that Sunday afternoons were looked forward to by all participants of the team. Winning the premiership and the grand final was a fantastic way to end a successful season of passion, determination and teamwork.

MEL HOWELL





## 7. FACTS AND FIGURES

### Where do our players live?

We had 882 players this year and the overwhelming majority (68%) reside in St Ives. 20% of players are from other local Ku-ring-gai suburbs with the remaining 12% coming from out of the local area. In many cases, our out of area players have grown up and moved out of the area but return to continue to play for our club. Area for the committee in future years to work on is that only 15.2% of our members are female.

Adult players – 212

Junior Players - 670

### Players by Age Group

| Non Comp age Groups |               | Comp Age Groups           |               |
|---------------------|---------------|---------------------------|---------------|
| Age Group           | Total Players | Age group                 | Total Players |
| <b>G08</b>          | 18            | <b>G14</b>                | 12            |
| <b>U06</b>          | 100           | <b>G16</b>                | 16            |
| <b>U07</b>          | 56            | <b>G18</b>                | 12            |
| <b>U08</b>          | 68            | <b>M35</b>                | 37            |
| <b>U09</b>          | 59            | <b>M45</b>                | 60            |
| <b>U10</b>          | 52            | <b>MAA</b>                | 85            |
| <b>U11</b>          | 78            | <b>U12</b>                | 43            |
| <b>xSN</b>          | 27            | <b>U13</b>                | 30            |
|                     |               | <b>U14</b>                | 15            |
| <b>Players</b>      | <b>458</b>    | <b>U15</b>                | 0             |
|                     |               | <b>U16</b>                | 30            |
|                     |               | <b>U18</b>                | 60            |
| <b>Male</b>         | 684           | <b>W35</b>                | 0             |
| <b>Female</b>       | 198           | <b>WAA</b>                | 19            |
|                     |               | <b>Wo30 6aside</b>        | 11            |
|                     |               | <b>Players</b>            | <b>430</b>    |
|                     |               | <b>SIFC Total Players</b> | <b>882</b>    |



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## 8. TREASURERS REPORT AND FINANCIALS

Currently at the auditor and will be presented shortly